

PARENT INFORMATION AND CONSENT FORM KIDS HELPLINE INCURSION & MENTAL HEALTH WEEK ACTIVITIES

Dear Parents and Caregivers,

Please find below all the information about some awesome Health Curriculum events going on throughout Term 4 for your child.

Your child will be involved in a variety of workshops and activities throughout our Mental Health Week focus in Week 3.

There will be absolutely no costs involved this year - as a Health Committee we believe the challenges of this year have certainly been enough and would like to offer all of our students as many opportunities to promote engagement, fun and involvement as a way to support positive mental health and overall being.

All students will have a one off dance lesson provided by 'Schools Go Dance.' This cost has been covered by the Health Committee.

Clubs as usual will run throughout the week with some bonus special trials for the week:

Chess Club and Blue Earth Year 3-4 Club – Tuesday

Volleyball Club (Run by Student Leaders) and Blue Earth Club Year 5-6 – Wednesday

Skipping Club, Dance Club (Run by Student Leaders) and Gardening Club – Thursday.

Kapa Haka & Arts Club – Friday.

Special Event Clubs are as follows:

Origami Club Year 1 -2 hosted in the Library with Special Guest Sanny - Tuesday.

Minibeasts Club run outside Chaplain Room – Thursday.

Date: 24 th October – 27 th October 2022	
Class/Year Groups: Kindergarten to Year Six	
Venue: Incursions to take place at Somerly Primary School	
Cost: None	
Supervision Provided:	Classroom Teacher
Emergency Contact and Procedures:	If you need to contact your child on the day of the incursion, please contact Somerly Primary School on 6206 4200. The teacher in charge will be contacted and required action taken.

Whole School Activities to be undertaken throughout the week.

Dance lessons Tuesday to Friday with Schools Go Dance.

Dance, it's how we bring out the 'you' in each child. The program is built to support the WA primary school curriculum and encourage confidence and resilience in the school community. Throughout the session there is structured play in movement and specific learning to support positive movement, social, physical, individual and foundational learning.

Paralympian Guest Speaker Amber Merritt at Monday Meeting.

Paralympian Talk & Question Time for Years 4-6 after Monday Meet.

Perth Glory Workshops throughout Thursday P.E. lessons with Mrs Ochieng.

KingdomCity Guest Speaker & Special Guest Mark Folkard and Pup Friday Morning.

FREE Parent Workshop Friday 9.30 – 11 Raising Resilient Children hosted by Helping Minds.

WEAR GREEN FRIDAY – GOLD COIN DONATION GOING TO PARALYMPICS AUSTRALIA AND KIDS HELPLINE.

Year Group Activities undertaken throughout the week.

Kindy

Fruit Kebab Making & Movement Skills Workstation KingdomCity and Chaplain Elle Wong.

Fun fitness sessions with Ms Ritchie (aerobic exercise and music theme).

Pre-Primary & Year 1

Bunnings Seedlings Workshop – Monday.

Year 2

Fitness Workstations run by Chaplain Elle Wong and KingdomCity – Friday.

Year 3

Origami demonstration from Ed Connect Volunteer Sanny – Tuesday.

Kids Helpline Online Incursion – Thursday.

Blu Earth Bubbles and Mindfulness Session – Thursday.

Year 4

Kids Helpline Online Incursion – Tuesday.

Foodbank Cooking Workshop 2nd lesson – Thursday.

Year 5

Origami workshop with Ed Connect Volunteer Sanny – Tuesday.

Western Force Workshop in Senior Sport – Wednesday.

Year 6

Western Force Workshop in Senior Sport – Wednesday.

Yours sincerely,

Katia Bue & Sarah Berry
Deputy Principal & Health Leader

✂-----

PARENT/GUARDIAN CONSENT FORM

I have read and understood the above information regarding the incursions to participate and give permission for my son/daughter _____ in Room _____ to attend the Schools Go Dance Program.

Where it is not practical to communicate with me, I authorise the teacher in charge of the incursion to consent to my child receiving such medical treatment as may be considered necessary. I am aware that the Education Department provides school excursion/camp Personal Accident Insurance, but does not provide insurance for loss or damage of personal property except when in the custody of a school officer.

Signed: _____ Date: _____ Phone No: _____ (Parent/Caregiver)