



Co-Parenting Peacefully

Program Overview

Co-Parenting Peacefully is a **3-week** program which looks at the impact conflict has on children after separation and provides tools and strategies to work toward co-parenting peacefully from a child-centered approach.

- **Session 1** Separation, grief and loss; change and transition; child focused thinking; and strategies to help you support children living in two worlds.
- **Session 2** Impact of conflict between separated parents on children, particularly when they are 'stuck in the middle' and strategies for communication and handover in high conflict environments.
- **Session 3** Growing children in healthy soil and repairing damage caused to them; healthy communication with the other parent; and the importance of co-parenting peacefully for better outcomes for children post separation.

Venue: Online via Zoom

Cost: FREE

Please use the contact information below to register your interest for this program.

Registration
9301 8533
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