FREE, FUN KIDS PROGRAM



Join your next FREE local program at Craigie Leisure Centre

DO YOU HAVE KIDS 7-13 YEARS OLD? ARE YOU WORRIED ABOUT THEIR WEIGHT?

The Better Health Program is a fun, interactive 10 week healthy lifestyle program for families. In a supportive and friendly environment, children become fitter, healthier and happier.

PLACES ARE LIMITED! FIND OUT MORE OR REGISTER NOW FOR TERM 2 2017:

Call us: 1300 822 953

Text us: 0409 745 645

Online: www.betterhealthprogram.org

Starts: 26th April 2017

Day: Wednesday

Time: 4-6pm



