

# 2016 / 2017 North Coast Water Polo Junior Membership



## JUNIOR WATER POLO

#### Junior Boys and Girls Water Polo

This is the Water Polo Western Australia Summer Competition; North Coast Water Polo will be entering teams in.

Cost: \$275 - Second child \$225

- Under 14 Born 2003 and 2004 (Younger participants dependent on ability)
- Under 16 Born 2002 and 2001

**Training -** Sunday afternoons HBF Arena 3 - 4pm. Another afternoon TBC **Games -** Monday night games, Hale School pool and / or Challenge Stadium from approximately 5 - 8pm.



#### FLIPPABALL



Flippaball is a modified non-contact version of Water Polo, played in deep water. This is a NCWPC competition for players Born 2005 - 2008 (Ages are a rough guide dependent on ability).

This program is a 7 week program through Term 4 2016 and 7 weeks through Term 1 2017. Term 4 commencing October 23<sup>rd</sup> 2016.

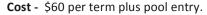
Bring a school team, a basketball team etc or register and we will find you a team.

Cost - \$60 per term plus pool entry.

Training and games - Sunday afternoons, HBF Arena 1.45 - 3pm.

### PHOENIX BALL

Phoenix Ball is for players born 2008 - 2010. Phoenix ball introduces players to games and activities that develop basic swimming and skills relevant to the sport of Water Polo in shallow water (Depth1.2m). A minimum swimming ability of Level 3 is a requirement and parents are required to remain at the pool. This program is a 6 week program through Term 4 2016 and 7 weeks through Term 1 2017. Term 4 commencing October 30<sup>th</sup> 2016



Training - Sunday afternoon 3 - 4pm HBF Arena.







Proudly sponsored by Phil Johnson
Plumbing & Gas, and Focus Building



Home pool: HBF Arena Joondalup, Kennedya Dr, Joondalup 6027

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www.facebook.com/ncwpc



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